

metro

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Wednesday, January 10, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

'MARVEL'S RUNAWAYS' FINALE

Answered a lot of questions — and asked some new ones. 17



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DEAD AIR

True crime podcasters shed light on why people are obsessed with these earbud mysteries. 6-7



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WELCOME TO METRO.US



KRISTIN TOUSSAINT, REPORTER

HIV treatment has come a long way, but the medications only work if patients actually take them. Unfortunately, that's easier said than done. Now, researchers at Brigham and Women's Hospital and MIT have found a way to put a week's worth of medicine into one dose. It's like a pillbox in a capsule, researchers said, and it could help those both currently treating HIV and those taking medicine to prevent the virus. Read more on pages 8-9 and at metro.us.

KEY TESTIMONY RELEASED IN TRUMP-RUSSIA PROBE

I Sen. Dianne Feinstein (D-Calif.) on Tuesday released testimony from the founder of Fusion GPS, a strategic intelligence firm that, during the 2016 presidential election campaign, researched Donald Trump's ties to Russia and produced a dossier that has been denounced by the White House. The firm has been under attack by the White House and Republican lawmakers over the dossier, which is central to investigations in

Congress and by special counsel Robert Mueller into allegations that Russia interfered in the election to help Trump win. "The innuendo and misinformation circulating about the transcript are part of a deeply troubling effort to undermine the investigation into potential collusion and obstruction of justice," said Sen. Feinstein. "The only way to set the record straight is to make the transcript public," she said in a statement.

EX-SHERIFF JOE ARPAIO TO RUN FOR SENATE

2 Joe Arpaio, a former Arizona sheriff and a close ally of President Donald Trump, said on Tuesday he would run for the Senate to replace retiring Republican Sen. Jeff Flake. "I am running for the U.S. Senate from the Great State of Arizona, for one unwavering reason: to support the agenda and policies of President Donald Trump in his mission to Make America Great

Again," Arpaio said on Twitter. Arpaio was convicted last July of criminal contempt in a racial profiling case that highlighted tensions over U.S. immigration policy, but was pardoned by Trump the following month. A federal judge had ruled that Arpaio willfully violated a 2011 injunction barring his officers from detaining Latino drivers solely on the suspicion that they were in the county illegally.



CALIFORNIA MUDSLIDES

3 Mud fills a street after a rain-driven mudslide destroyed two cars and damaged property in a neighborhood under mandatory evacuation in Burbank, California, on Jan. 9, 2018. Mudslides unleashed by a ferocious storm demolished homes in Southern California, authorities said Tuesday. Thirteen people were reported killed, as of press time.

GETTY IMAGES

TRUMP PUSHES BIPARTISAN IMMIGRATION DEAL

4 President Donald Trump said on Tuesday he would back a two-step immigration approach that initially protects young "Dreamer" immigrants from deportation if it includes immigration restrictions and provisions for a border wall with Mexico that Democrats have opposed. At a White House meeting of Republican and Democratic lawmakers, Trump said after the first phase was

complete he wanted to move quickly to even more contentious issues including a possible pathway to citizenship for 11 million undocumented immigrants that is opposed by many Republicans. "If you want to take it that further step, I'll take the heat, I don't care," Trump told lawmakers of a broad immigration bill. "You are not that far away from comprehensive immigration reform."

BANNON STEPS DOWN FROM BREITBART NEWS

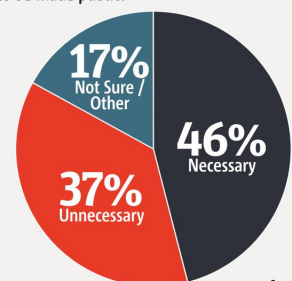
5 Steve Bannon has stepped down as executive chairman of Breitbart News, the right-wing news organization said on its website on Tuesday, after the former White House chief strategist was quoted in a book criticizing President



Donald Trump. "Steve is a valued part of our legacy, and we will always be grateful for his contributions, and what he has helped us to accomplish," Breitbart chief executive Larry Solov said in a statement on the website.

THE PRESIDENT'S HEALTH

Do you think it should be necessary or unnecessary for a president's health record to be made public?



Source: YouGov.com



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Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for applicants with disabilities:
 - Mobility (5%)
 - Vision or hearing (2%).
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 - Residents of **Bronx Community Board 1** (50%)
 - Municipal employees (5%).

AVAILABLE UNITS AND INCOME REQUIREMENTS

60% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum - Maximum) ⁴	90% AREA MEDIAN INCOME (AMI) UNITS	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum - Maximum) ⁴
	Studio	\$865	18	→ 1 person	\$31,543 - \$40,080		\$1,049	26	→ 1 person	\$37,852 - \$60,120
1 bedroom	\$929	21	→	1 person	\$33,806 - \$40,080	\$1,320	28	→	1 person	\$47,212 - \$60,120
				2 people	\$33,806 - \$45,840				2 person	\$47,212 - \$68,760
2 bedroom	\$1,121	10	→	2 people	\$40,423 - \$45,840	\$1,591	14	→	2 person	\$56,538 - \$68,760
				3 people	\$40,423 - \$51,540				3 people	\$56,538 - \$77,310
3 bedroom	\$1,289	5	→	4 people	\$40,423 - \$57,240	\$1,831	8	→	4 people	\$56,538 - \$85,860
				3 people	\$46,732 - \$51,540				3 people	\$65,315 - \$77,310
				4 people	\$46,732 - \$57,240				4 people	\$65,315 - \$85,860
				5 people	\$46,732 - \$61,860				5 people	\$65,315 - \$92,790
				6 people	\$46,732 - \$66,420				6 people	\$65,315 - \$99,630

¹ Tenant responsible for electricity

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope** to: **491 Gerard Avenue Apartments c/o The Wavcrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **March 9, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español

Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **491 Gerard Avenue Apartments, 87-14 116th Street, Richmond Hill, NY 11418**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **9 de marzo 2018**.

简体中文

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**491 Gerard Avenue Apartment, 87-14 116th Street, Richmond Hill, NY 11418**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 **2018年3月9日**。

Русский

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **491 Gerard Avenue Apartments, 87-14 116th Street, Richmond Hill, NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **9 март 2018**.

한국어

nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **491 Gerard Avenue Apartments, 87-14 116th Street, Richmond Hill, NY 11418**. 으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. **2018년 3월 9일**까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyen

Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **491 Gerard Avenue Apartments, 87-14 116th Street, Richmond Hill, NY 11418**. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **mas 9, 2018**.

العربية

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: **491 Gerard Avenue Apartments, 87-14 116th Street, Richmond Hill, NY 11418**. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بخت **9 مارس، 2018**.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer • HDC President Eric Enderlin • HCR Commissioner RuthAnne Visnauskas



Brooklyn Assemblywoman Pamela Harris indicted on corruption charges

Harris faces multiple fraud, obstruction of justice and witness tampering charges for the alleged theft of city and federal funds.



NIKKI M. MASCALI
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Brooklyn Assemblywoman Pamela Harris was arrested Tuesday on federal and city corruption charges, officials said.

es, officials said.

Harris, 57, was charged with two counts of wire fraud, one count of conspiracy to commit wire fraud, four counts of making false statements, two counts of bankruptcy

fraud, one count of witness tampering and one count of conspiracy to obstruct justice, according to the U.S. Attorney's Office in the Eastern District of New York.

Harris, who was

elected in 2015, allegedly defrauded City Council, the city's Department of Youth and Community Development, FEMA, the federal Department of Housing and Urban Development, the city's Build It Back Program and the U.S. Bankruptcy Court for the Eastern District of New York.

While head of a Brooklyn nonprofit between August 2015 and July 2015, Harris allegedly used \$23,000 intended to rent a studio for personal use in her checking account, according to the indictment unsealed Tuesday.

As a sitting assemblywoman between July 2015 and January 2017, Harris allegedly committed the same rent scheme, using \$11,400 of discretionary funding for personal use.

Harris allegedly defrauded \$25,000 from FEMA between 2012 and 2014 by falsely claiming she had been displaced from her Coney Island home by Hurricane Sandy. She submitted fake leases to FEMA for a temporary home in Staten Island though she remained in her primary residence, according to the indictment.

In 2016, as a state assemblywoman, she submitted those fake documents to the city's Build It Back Program to obtain additional assistance for "substantial construction to her home," the indictment said.

Harris is accused of

using some of the fraudulent funds to buy \$10,000 worth of airline and cruise tickets for herself and her husband, make online payments to Victoria's Secret and Kohl's.

Harris also filed for false bankruptcy protection in 2013, officials said.

According to officials, after Harris became aware of a grand jury investigation into her alleged fraud schemes early last year, she told witnesses to lie to FBI investigators, "which the witnesses did," according to the indictment.

"At a time when many residents in her district were dealing with the horrific aftermath of Hurricane Sandy, Harris was busy brewing a storm of her own, one that resulted in her receiving significant payouts by the very federal agency charged with helping those truly in need," said William F. Sweeney Jr., assistant director-in-charge of the FBI's New York field office.

Harris represents Bay Ridge, Beach Haven, Brightwater Towers, Brighton Beach, Coney Island, Dyker Heights and nearby neighborhoods in Brooklyn.

If convicted, she faces 30 years in prison on one of the FEMA charges, 20 years on each wire fraud, conspiracy, witness tampering or obstruction of justice charges and five years on each bankruptcy fraud and false statement charges.

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Brooklyn Assemblywoman Pamela Harris has been indicted on 11 corruption charges for the alleged theft of city and federal funds, officials said.

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The wild world of true-crime podcasts

Why people can't get enough of these real-life mystery stories.



PAT KING
@MetroNewYork
patrick.king@metro.us

True-crime podcasts have become just as binge-able as anything these days.

Fanatical fans wait for new episodes of shows to be uploaded each day in order to get a closer glimpse into the world's dark underbelly. This format has redefined how investigative journalism is consumed and, in turn, has increased its popularity over the years, as it gives everyday people the chance to choose how and when they can join in on the cases.

Award-winning journalist Phoebe Judge has been a trailblazer in the world of true-crime pod-

casting ever since she started her wildly popular show "Criminal" in 2014. Around that time, the landscape was pretty empty for shows like hers.

"When we got into true-crime podcasting there really weren't any other true-crime shows," Judge said. "We were trying to find a topic that interested us but also a topic where we knew there were really rich stories."

Unlike other true-crime podcasts that tend to take people through every gruesome detail of history's most shocking cases, Judge and her team at "Criminal" chose to take a different route. With each episode, Judge hears stories from everyday people about their own bizarre encounters with criminal activity. Episodes run the gamut from intriguing to bone-chilling.

"We always wanted to explore the boundaries of what this word 'crime' meant. It was exciting for us because we thought we could surprise people."

Phoebe Judge

"We always wanted to explore the boundaries of what this word 'crime' meant," said Judge. "It was exciting for us because we thought we could surprise people. We took the broadest definition of the word 'crime,' and that means some of the stories are funny! I think we have this idea that we need to pigeonhole true-crime into this one category. Often times, that category is dark, sad, tragic and often times violent. We wanted to do the exact opposite."

Making the move from filmmaking to podcasting

Larry Brand had no expectations while he was writing his hit eight-part podcast series "Hollywood & Crime: Young Charlie" (on the Wondery network) about the early life of Charles Manson. But as both a screenwriter and director in Hollywood for over 30 years, if Brand knew one thing while making the jump into true-crime podcasting it was how to tell a story.



Phoebe Judge, the host and co-creator of the "Criminal" podcast, listens to Lauren Spohrer, her co-creator of the podcast, after she records an ad for the show in a studio at WUNC in Chapel Hill, North Carolina, on June 22, 2017. ALEONARDO.NEWSOBSERVER.COM

"When you don't know what you can't do, you just go do it. I didn't know how to make a podcast so I just did what I did and tried to make a movie for the ears," Brand said.

"Young Charlie" was a huge hit right out of the gate. Its success was in part to the cinematic scope that Brand brought to the show. The story avoids taking a direct lin-

ear path as Brand made the choice to bounce back and forth between different eras of Manson's life to paint a larger picture of the infamous criminal. "I am pleasantly surprised that podcasts like this show do as well as they do," Brand said. "It's something positive about the imagination that you can listen to something and evoke these images

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Charles Manson, then 35, is pictured in court. GETTY IMAGES



YOUNG CHARLIE

"When you don't know what you can't do, it can be a real asset. ... When you don't know what you can't do, you just go do it. I didn't know how to make a podcast so I just did what I did and tried to make a movie for the ears. I didn't try to learn how to make a podcast, I just used what I know from the other field. Sometimes that can have a synergistic quality and sometimes it can just be a disaster!"

-Larry Brand, on writing his hit eight-part podcast series "Hollywood & Crime: Young Charlie"

and let it carry you even though the next minute you could be going to see a big-budget blockbuster film."

Finding humor in horror with "The Last Podcast on the Left"

On the other end of the true-crime spectrum is the comedic yet intensely researched investigative podcast "Last Podcast on the Left." Hosted by comedians Henry Zebrowski, Ben Kissel and Marcus Parks, the show takes on some of history's most infamous serial killers and

conspiracy theories and delves into the mysteries surrounding each story. In a completely hilarious way, of course.

It would be easy to not take this show as seriously as some of the other more grave podcasts in the genre, but the research that goes into each story can take weeks or months, depending on how in depth it goes. Some cases are given three to four episodes to tell fully, with Parks writing a 10- to 15-page script to keep the narrative straight

along the way.

For Parks, it's all about finding the bizarre angle to a story that you would have never seen coming.

"Finding that really weird stuff almost happens on accident," said Parks, "it's great when those weird little accidents happen. ... Finding that odd twist to the whole thing that doesn't really make any sense but makes it fun. Those weird things that people believe about serial killers or conspiracy theories. It's all fun."

EVEN A NEW YORKER WHO KNOWS IT ALL CAN LEARN A THING OR TWO HERE.

MINDFUL MEDITATION: A LECTURE PRESENTED BY RUSK REHABILITATION.

Join our expert for an evening of discussion on how meditation and other techniques can help you recover from injury or illness. Topics will include how to cultivate positive functioning and strategies for alleviating stress.

Date: Wednesday, January 17, 5:30-6:45 pm.

Presenter: Bonnie Marks, PsyD.

Location: NYU Langone Health.
240 East 38th Street, 11th Floor Conference Room.

RSVP: This lecture is free and open to the public, but you must RSVP. To attend, call 212-263-6952 or email ruskrsvp@nyumc.org.



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Transit: Trains: R, M, 7; Bus: Q38.

No application fee • No broker's fee • Smoke-free building

This building is being constructed through the Senior Affordable Rental Apartments (SARA) Program of the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households that have at least one household member who is **62 years of age or older** and who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria.

A percentage of units is set aside for:

- Mobility-disabled applicants (5%)
- Vision- or hearing-disabled applicants (2%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Sizes	All applicants will need to qualify for Section 8	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio	40% AMI	Eligible resident pays 30% of income	2	1 person	\$0 - \$26,720
1 Bedroom			3	1 person	\$0 - \$26,720
				2 people	\$0 - \$30,560
Studio	50% AMI	Eligible resident pays 30% of income	2	1 person	\$0 - \$33,400
1 Bedroom			39	1 person	\$0 - \$33,400
				2 people	\$0 - \$38,200

¹ Rent includes water, sewer, heating and electric stove.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed stamped envelope to: HANAC Corona Senior Residence, P.O. Box 249, 135 S. Black Horse Pike, Williamstown, NJ 08094. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **March 14, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity members of your household, and your household income.

Spanish

Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a HANAC Corona Senior Residence, P.O. Box 249, 135 S. Black Horse Pike, Williamstown, NJ 08094. En el reverso del sobre, escriba en inglés la palabra "SPANISH". Las solicitudes se deben enviar en línea o por correo postal antes del **14 de marzo 2018**.

Chinese

請到 nyc.gov/housingconnect 申請。如需索取此廣告的中文翻譯及申請表格，請將申請信寄至：HANAC Corona Senior Residence, P.O. Box 249, 135 S. Black Horse Pike, Williamstown, NJ 08094。申請信背面請寫上「CHINESE」。申請信請於 2018 年 3 月 14 日前寄出。

Russian

Чтобы подать заявление через интернет, зайдите на сайт nyc.gov/housingconnect. Для получения русскоязычного перевода объявления и распечатки заявления и бланка заявления, отправьте конверт с объявлением и бланком заявления по адресу: HANAC Corona Senior Residence, P.O. Box 249, 135 S. Black Horse Pike, Williamstown, NJ 08094. На обратной стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или в почтовом ящике до 14 марта 2018 года.

Chinese

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Russian

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Boston researchers develop way to deliver a week's worth of HIV drugs in one dose

Researchers say this advance could help patients get the care they need.



KRISTIN TOUSSAINT
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kristin.toussaint@metro.us

No matter the advances made in medicine, a pill will only be effective if you actually take it as directed — something that many patients struggle with. But what if you could take a week's worth of medicine in one dose?

Boston-area researchers have found a way to make that a reality for those treating and preventing HIV.

In a study published Tuesday, researchers at

the Massachusetts Institute of Technology and Brigham and Women's Hospital detail their development of an oral, once-weekly "drug delivery system" for HIV that delivers a weekly dose of antiretroviral therapy — the drugs that prevent the growth of the virus — in one go.

It's a "pillbox in a capsule," as Giovanni Traverso, a senior study author, called it — and it may revolutionize HIV care.

Here's how it works: Researchers developed the capsule as a star shape that has six "arms," each of which can be loaded with a different drug. Those arms fold in and the entire capsule is encased in a coating so that it can be swallowed.

This system actually builds off of previous work in 2016 in which MIT researchers developed a capsule that could stay in the stomach for up to two weeks, gradually releasing malaria drugs.

Now, researchers have made adjustments to the materials of the capsule so that it can hold different types of drugs and release them at different intervals throughout a week. The capsule eventually disintegrates and leaves the body via the digestive tract.

Why researchers focused on treating HIV

"Up until a few years ago, most of the HIV medications needed to be taken multiple times a day, and at that time people came

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What if you could take a week's worth of medication in one dose? Researchers at MIT and Brigham and Women's Hospital have found a way. COURTESY OF THE RESEARCHERS

out with single tablet regimen — patients now needed to take the medicine just once a day — and it was considered to be a huge advancement,” said Ameya Kirtane, an MIT postdoc and one of the lead authors of the paper.

“[But] even with just once-daily medications, patients do not take their

medication,” he added. “So what we were looking at is what happens if you actually decrease the frequency of medications even further.”

With this capsule, researchers predicted, the effectiveness of HIV treatment could increase by about 20 percent.

The researchers hope

By the numbers

3.8 billion Prescriptions written annually in the United States, yet one in five are never filled. Of those filled, 50 percent of prescriptions are taken incorrectly — related to timing, dosage and frequency, according to the Centers for Disease Control and Prevention

36.7 million People worldwide living with HIV/AIDS at the end of 2016.

1.8 million People worldwide who were infected with HIV in 2016, or about 5,000 new infections per day.

1 million People who died from AIDS-related illnesses in 2016.

35 million Number of people who died from AIDS-related illnesses since the beginning of the epidemic.

to develop once-weekly systems for even more conditions, from “neglected tropical diseases” to Alzheimer’s, where patients can’t remember their medicine, to diabetes and even heart disease.



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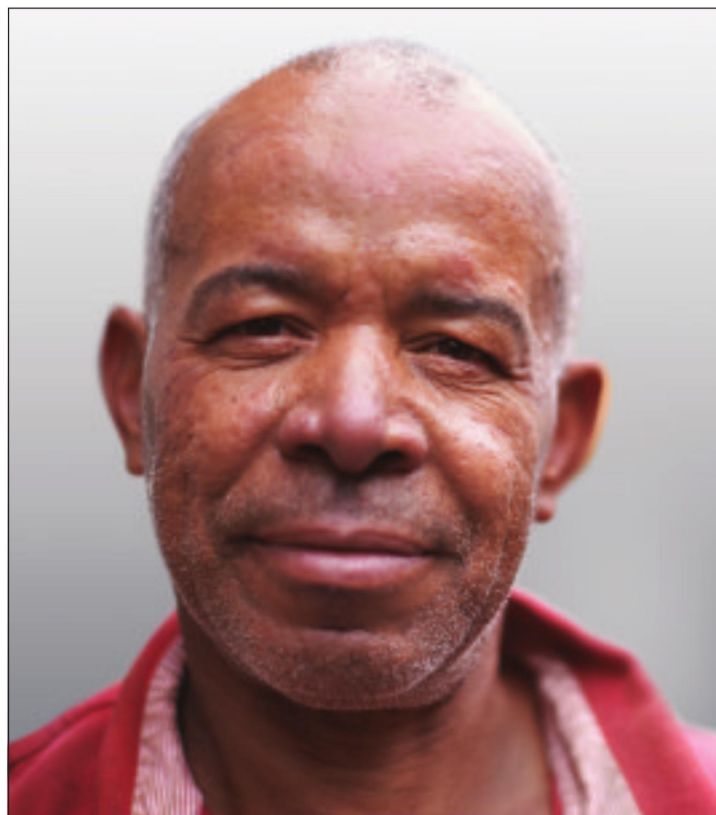
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Can This Medical Technology Possibly Eliminate Or

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these

treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy "Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease

pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impairs" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be

able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and *is not surgical*.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

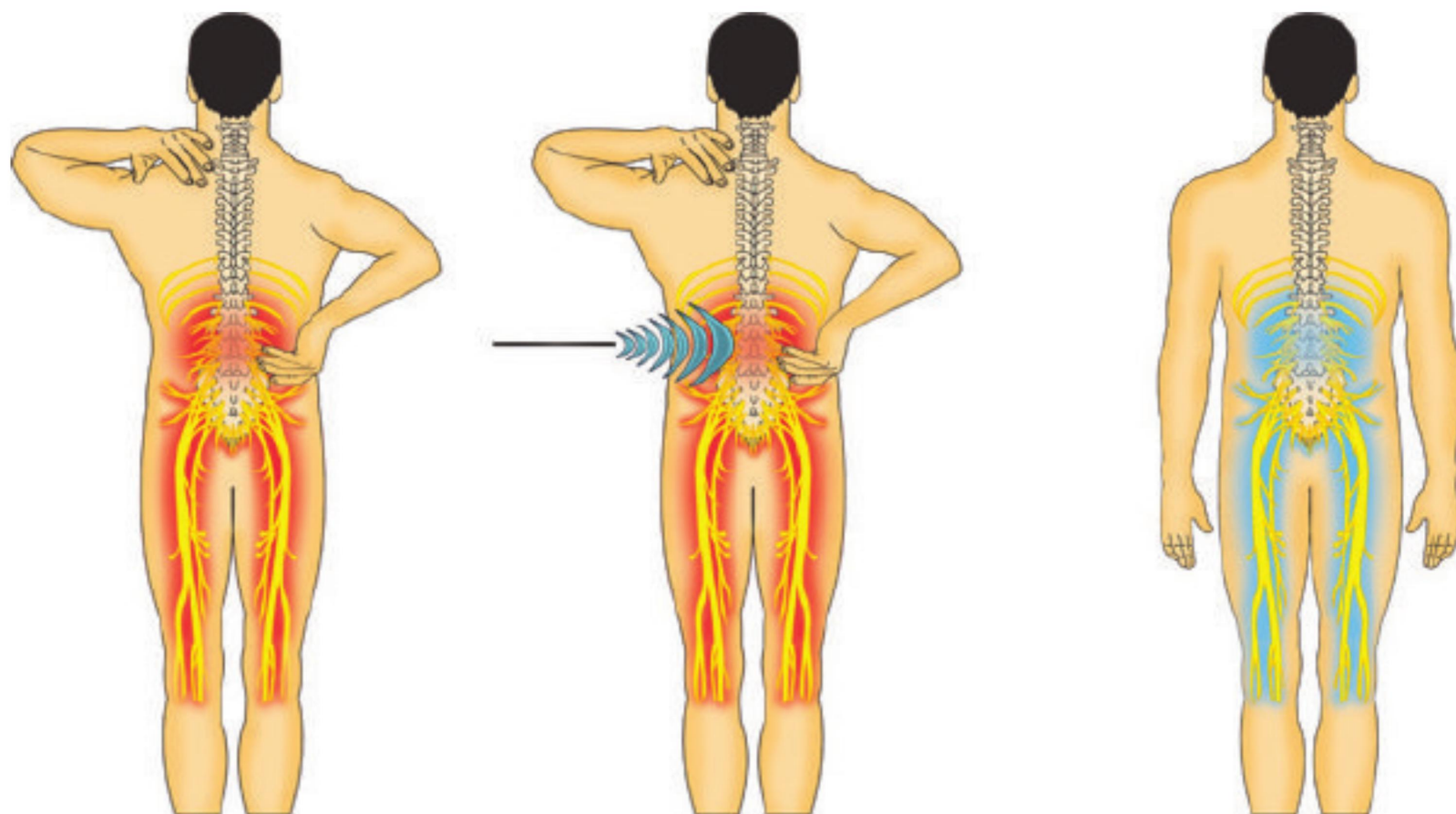
Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

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Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgical center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this

additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-

edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is at no cost and

no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-503-8540 for your free screening and find out if you can get out of pain today

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NYU launches cybersecurity master's program to help fill large skills gap

There's a shortage of experts in the field, but the university is hoping to fix that with a new degree.



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Cybersecurity threats are a serious issue, but the field is lacking experts who can prevent

or handle such hacks. In the United States alone, there are 200,000 unfilled jobs that require cybersecurity-related skills.

One estimate predicts that the world will see a global shortage of 1.8

million cybersecurity experts by 2022.

To help fill this skills gap, New York University's Tandon School of Engineering has launched the New York Cyber Fellows, an online master's

program for cybersecurity education that costs \$15,000 — the least, the school said, of any cybersecurity master's program in New York City.

The program is a partnership between NYU's Tandon School of Engineering and New York City Cyber Command (NYC3), the agency that leads the city's own cybersecurity efforts. Mayor Bill de Blasio launched NYC3 in July 2017 to protect the city from cyber-threats.

Through the master's program, Cyber Fellows will have access to the NYC3 Cyber Range, which NYU described as "a virtual laboratory" for hands-on training and development.

"NYC3's Cyber Range will expose students to simulation, testing and research into a wide range of security and technology concerns associated with securing one of the largest digital cities in the world," said Geoff Brown, New York City Chief Information Security Officer and head of NYC3, in a statement.

"We're proud to support a program that opens up a career in cyber defense to more students, allowing the next generation of cyber professionals to better resemble the diversity of the society

they will be charged to protect," he added.

The program is a direct answer to a call from de Blasio himself, NYU officials said, to add 30,000 tech jobs, like cybersecurity experts, to the workforce within a decade — a portion of his effort to create 100,000 good-paying jobs in the same time. The median starting salary of a network security administrator in New York City is \$153,500, according to IT staffing company Robert Half.

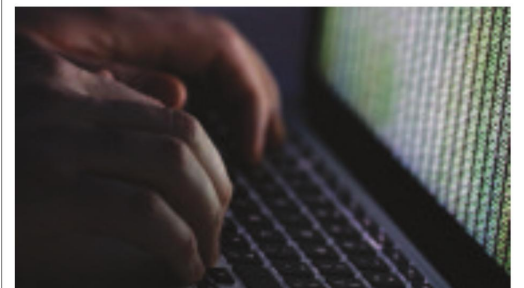
The Cyber Fellows curriculum was created with recommendations from NYC3 and business partners like Goldman Sachs, IBM Security, Morgan Stanley and more.

Those who become a Cyber Fellow will also receive a free five-year subscription to audit the latest versions of online courses. This is important, the school noted, because cybersecurity courses update every semester as new threats are always surfacing.

"We want our Cyber Fellows to know we will be with them for the long term," said Professor Nasir Memon, founder of NYU Tandon's cybersecurity program, in a statement, "and I have no doubt that their experiences in the field will enrich future scholars."

"NYC3's Cyber Range will expose students to simulation, testing and research into a wide range of security and technology concerns associated with securing one of the largest digital cities in the world."

Geoff Brown



Cybersecurity threats are always looming, but the field is lacking skilled workers, experts say. GETTY IMAGES

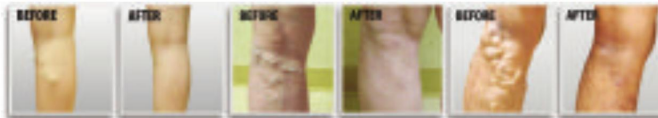
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Straphangers vent frustrations using #CuomosMTA



Gov. Andrew Cuomo oversees the MTA, the agency in charge of the city's aged subway system, which had widespread issues on Tuesday. GETTY IMAGES

After thousands started the day with a hellish commute, they took to social media to rage about the Cuomo-controlled MTA.



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Caught in another hellish rush-hour commute, thousands of city straphangers took to Twitter Tuesday morning to vent their frustrations about #CuomosMTA.

Gov. Andrew Cuomo oversees the MTA, the agency in charge of the city's aged subway system, which had widespread issues Tuesday, including signal issues and rail conditions, resulting in mass delays on several train lines.

Among the issues passengers faced was a broken rail on the Manhattan Bridge, which caused reroutes on D and Q trains and delays on the D, F, Q and R trains. B train service is still suspended in both directions between Brighton Beach and 145th Street.

Ice on the express tracks at Bergen Street station in Brooklyn caused 4 and 5 trains to run local and delayed the 2, 3, 4 and 5 lines.

A train with mechanical problems at Canal Street affected A, C and E trains.

In the afternoon, smoke was reported at 47-50 Street/Rockefeller Center, and while the FDNY investigated, some D trains ran on the A line from 59th Street-Columbus Circle to Jay Street-MetroTech before switching to the F line for service to Coney Island-Stillwell Avenue. The incident delayed A, C, D and F service.

Needless to say, it was a chaotic day for straphangers, who quickly reached their boiling

points and took to social media.

One dared Gov. Cuomo to ride the subway during either rush hour for one week "between boroughs and report back on your experience. Maybe then you will truly understand the emergency?"

One resident left Astoria at 9:05 a.m. and got to 34th Street at 10:30 a.m. "This is the state of #CuomosMTA on a normal day," she wrote.

"Nowadays the subway is always the last resort," another straphanger tweeted.

One Brooklynite wrote that if the governor "keeps failing New Yorkers with the subways, he's going to leave office with a lower approval rating than [New Jersey Gov.] Chris Christie ... now that would be embarrassing!"

One rider moved two stops in 25 minutes. "This is my reward for trying to get into work early," she wrote.

Another rider took five trains "to do what I could do in one if this system worked. Fix the subway now or we'll vote you out," he tweeted to both the governor and Mayor Bill de Blasio.

"New Yorkers with vivid memories of the Summer of Hell are gearing up for a Winter of Heartache on the subway," said John Raskin, executive director of Riders Alliance. "Gov. Cuomo promised a plan by the end of last year for how to modernize the crumbling transit system, but we still haven't seen anything concrete, and solving the transit crisis is only growing more urgent."

"The governor himself said last week that 'we can't leave our riders stranded anymore.' And yet today, hundreds of thousands of transit riders were again stranded, with no relief in sight," Raskin continued. "Only the governor can lead us out of this crisis. Gov. Cuomo should begin 2018 by outlining a long overdue plan to modernize the transit system and

by passing a fair and sustainable revenue source like congestion pricing to make it possible."

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14 NEWS

Concert series offers NYC's subway performers a worldwide audience

Subway performers are embedded in the fabric of New York City, playing to probably thousands of passers-by a day when they set up their stage inside a station.

Now, subway performers have a chance to play to an audience of millions around the world thanks to a concert series hosted by the real-time broadcasting app Live.me.

Live.me has more than 35 million users across the globe, according to Claudie Chen, content and operations manager for the app — that's about four times the population of all five boroughs.

This week, performers will set up in five different subway stations throughout the city, streaming their shows live through the app.

The campaign to highlight these underground artists will continue throughout the month of



New York is full of subway performers, and if you watch your favorites on Live.me this week, they could win big. **WENDY JOAN BIDDLECOMBE/METRO**

January, all leading up to the Grammys on Jan. 28. This year, the recording industry's award show will be hosted in New York City for the first time since 2003.

"We think with the Grammys coming back to New York City after such a long time, it's such a glamorous event [but] it's kind of overlooking our everyday artists and performers that we're

used to seeing around us," Chen said.

Live.me's MTA concert series kicks off Wednesday, Jan. 10 in Bryant Park, 23rd Street, Union Square, Grand Central and 86th Street.

Between 10 a.m. and 4 p.m. from Jan. 10 to Jan. 14, more than 120 street performers, mostly musicians, will share their talents on those underground stages while their

performances are also broadcasted on the Live.me app.

"We figure it's a great time to celebrate music, that's why we want to engage everyone — [whether] music lovers or the everyday New York citizens who might not have paid the most attention to those subway artists," Chen said.

Following the week of concerts on Jan. 16, the performers will face off against each other in Live.me's Live Underground x NYC contest. The participants will be putting on shows through the app from anywhere they normally play.

The top five performers who end up with the most popular broadcasts on Live.me will be featured at a pre-Grammy pop-up concert and the final winner will get \$20,000 in cash prizes.

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Lena and Jack are splitsville

After five years of dating, Lena Dunham and Jack Antonoff have broken up. Color us not surprised!

Sources tell People that the split was amicable. But honestly? We can think of pleeceenty of reasons why these two opted to settle comfortably into the town of Splitsville, USA. Take a walk with us down memory lane.

1. That time she defended alleged rapist

Murray Miller, because he's her friend, and victim blamed Aurora Perrineau.

3,903. That time she said, "I still haven't had an abortion, but I wish I had."

540,198. That time she got mad that Odell Beckham Jr. didn't want to throw a bone in her.

1,000,000. That time Dunham told Antonoff, "No one would be calling me a racist if they knew how badly I wanted to f— Drake," and he responded, "Don't say that in public" — but she still made it anecdotal to prove how "much" she's "grown."

So, yeah. Sounds about right.



Let's take a trip down memory lane, shall we?

the word

Bam Margera is going to rehab

Remember Bam Margera? You know, the guy from "Jackass" and "Viva La Bam," shows you barely, if at all, remember? No? Well, he's going to rehab.

After a DUI arrest on Sunday, the 38-year-old's family rallied to get him the help he needed.

His mother, April,



Get well soon, my dude.

told Page Six that Margera feels a lot better, but is just really embarrassed. "He decided to go to rehab in LA so we're putting that program into place," she told the site.

Get well soon, Bam. Who else is going to prank celebrities or do whatever it is you do? For real, man!



Well, kind of. ALL PHOTOS GETTY IMAGES

Gayle wants Oprah 2020 too, duh

Leave it to Gayle King — professional BFF to Oprah Winfrey — to fan the flames of Oprah 2020. Well, kind of.

On "CBS This Morning," King admitted that Winfrey is "intrigued" by the idea of running for president.

"I do think she's intrigued by the idea," King said. "I also know after years of watching the Oprah show, you always have a right to change your mind. I don't think at this point she is actually considering it."

King also offered

some clarification to Stedman Graham's statement that Winfrey would "absolutely" run for president. "Stedman says that he thought the reporter said to him, 'Would she make a good president?' And he said, 'Absolutely she would.' That's how he interpreted the question," she said.

TL;DR? Don't get your hopes up. But maybe do? I don't know what you're into — but if your thing is billionaire TV stars for president, maybe hold your horses for a bit.

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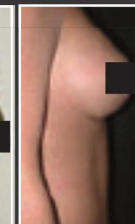
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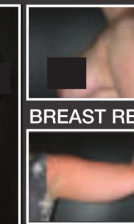
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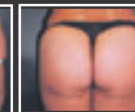
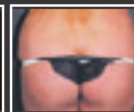
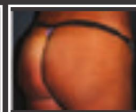
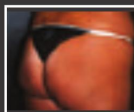
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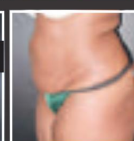
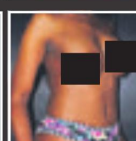
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We want more 'Marvel's Runaways,' please

The action-packed finale answered a lot of questions. But it managed to ask some new, exciting ones, too.



RACHAEL VAUGHAN CLEMMONS
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After 10 action-packed episodes that asked us to accept that guy from "Nip/Tuck" as an all-powerful, alien being, "Marvel's Runaways" is over. And with a finale that beautifully capped off the season, we're definitely looking forward to the next one.

Over the course of an hour, the episode flies through major plot points: after their first battle, the kids actually get around to running away. They're ready to abandon their lives and their parents, who put their lives in danger the very moment they started fraternizing with Jonah and his apparent



The titular "Runaways" finally run away — but will they really be able to escape their families and their grasp? GREG LEWIS/HULU

psoriasis condition. Fortunately, they're also ready to come to terms with what, exactly that means.

Meanwhile, the finale manages to answer a lot of questions, satiating some of the mystery that's been built, sometimes clumsily, throughout the first season. Yes, Jonah is Karolina's father, and

they have a Harry Potter versus Voldemort circa "Harry Potter and the Order of the Phoenix" magic-off. And yep: Not only was Leslie responsible for the death of Molly's parents, but she's inadvertently responsible for Amy's too (Leslie is rude AF).

Yes, Vaughn, the kids in their "disguises" can be aptly described

as "weird kids in bad wigs" — except Nico (Lyrica Okana's performance this season, by the way, has been mesmerizing) who essentially just adds a lip ring to her goth ensemble. And yes, the dinosaur has a name: Old Lace. Not bad, if you think about it.

Of course, for every question answered,

there are plenty more that crop up. Specifically, it seems more and more likely that Jonah is in cahoots with one of the kids — after all, who is he texting when he's lovingly caressing Frank's pseudo coffin? What, exactly is the living thing underground at the dig site? What is going on with this weird gang plot, and

why is Alex getting involved? The episode also begs very important question: Who does Jonah's eyebrows? Can they stop?

But really: it'll be exciting to see those questions be answered in a second season of "Runaways." An even better prospect? Seeing how the teens' relationships continue to expand: as friends, romantic prospects and confidantes. And as they explore what it's like to be on the run — and what changes that means for their lives.

I'm betting it'll turn out great: Josh Schwartz and Stephanie Savage, the pair behind the likes of "The O.C." and "Gossip Girl," have done an impressive job bringing the comic book to the screen and infusing it with a familiar dose of teenage angst. Molly, perhaps, summed it up best: as far as being a teenager goes, the struggle is real.

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Judah Friedlander on making America laugh again

We spoke to the comedian about his amazing new Netflix special and the state of the nation.



PATRICK KING
@MetroNewYork
patrick.king@metro.us

Comedian Judah Friedlander has no patience for people whining about the state of our nation. As he sees it, America kills it on a regular basis and will continue to do so in the future.

Or at least that's how he frames it in his hilarious new Netflix standup special "Judah Friedlander: America is the Greatest Country in the United States." We're the best, and every other country in the world knows it.

Friedlander (known to many for his portrayal of Frank Rossitano on "30 Rock") produced the special himself and shot it in front of a packed crowd at New York's legendary the Comedy Cellar right before the election last year, and its material could not be more timely. Eschewing a strict setup-to-punchline formula, he chose to answer audience questions about all of the hot-button topics of the day like gun-control, global warming, racism and trans rights.

Using his trademark quick-witted dead-plan delivery and inflated sense of ego, he comes off as collegiate-professor from some bizzaro planet where some of our nation's open wounds (mass shootings,



Comedian Judah Friedlander. PHIL PROVENCO

mass incarceration, etc.) are some of its crowning achievements. It's a completely ridiculous perspective, but somehow his satirical take on these issues instills a sense of calm in you as you are forced to laugh at the current state of the U-S-of-A. I caught up with Friedlander to talk to him about the special and America in all of its braggadocious glory.

When asked about his our-way-or-the-high-way approach onstage, Friedlander equates this use of cutting satire as a way to humble our nation's bloated ego. "It's playing off the narcissism and the overcon-

fidence of really the country as a whole," he explains. "People make fun of Trump for being a narcissist and this overconfident guy yet he's an idiot. Yeah, but a lot of the country is that way too. I'm way to the left of Trump and even way to the left of the Democratic Party, but I don't say that in my act. I get people to laugh through comedy, satire and absurdity. In order to laugh, they need to be thinking. As long as they're thinking, they'll figure s—t out. I don't really like telling people what to think, but to think."

Since the special's

release last Halloween, Friedlander's willingness to turn these serious topics drew loads of critical praise. So much so that he was awarded both "Stand-up Comedian of the Year" and "Comedy Special of the Year" from The Interrobang's 2017 Comedy Awards. The Hundreds named it favorite comedy special of the year.

Though many of the jokes in the special hit home much harder after the election, most of the material was written in 2016, showing just how much tensions had been rising before age of Trump. "A lot of these jokes were

written before the election," says Friedlander. "I think it's worse with the new presidential regime, but it's nothing new. Trump did not invent mass incarceration. They're in danger of becoming much worse. But they're not new problems."

So, were there ever times where he was worried that his jokes would not go over with a certain audience? For Friedlander, expecting the unexpected is all a part of the job.

"It goes in waves. It's calmed down a little bit," he explains. "Right after the election things were really volatile.

There were several instances where if things weren't cooled off or broken up there would be fights in the room. Especially when you talk about race, I have a lot of material in the special about racism and white supremacy. When you start talking about those issues, even people who are against racism often get really, really quiet and on edge because they're not comfortable discussing it. I first started doing bits about racism a few years ago and I realized when people got real quiet that means they don't want to talk about it and I thought 'Oh, I need to talk about this more.'"

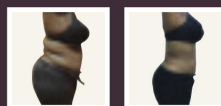
The special is truly a thing to behold. At some moments, it's like watching a skilled trapeze artist as Friedlander receives gasps from his audience but then quickly wins them back. That is what Friedlander was searching for as these kinds of laughs are much deeper and hit with more resonance than those gained from jokes that tip-toe around the issues that really matter.

"As a comedian, getting them to laugh is the main point," says Friedlander, "but the challenge is to get them to laugh at something that they never thought they would laugh about."

Check out Friedlander's special right now over at Netflix and make sure to head over to his website for all of his upcoming tour dates.

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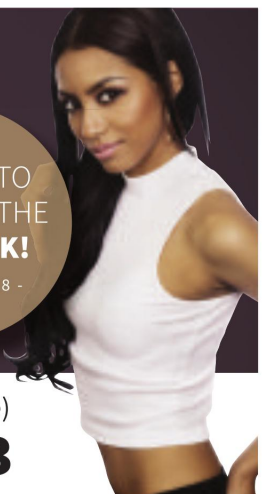
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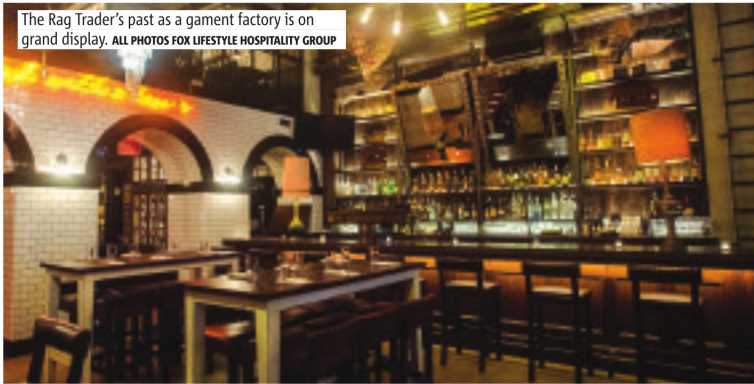
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Drink back in time

The Rag Trader and its piano bar speakeasy Bo Peep bring retro cool to Herald Square.



EVA KIS
@thisiskis
eva.kis@metro.us

We don't tell non-tourists to venture into Herald Square lightly, but that's exactly what you should do to experience the city's most exciting new bar, restaurant and subterranean piano lounge.

Now open in a former textile factory, the Rag Trader and its speakeasy bar Bo Peep nod to the Garment District's past (hat boxes and fashion plates serve as decor) while using its architectural quirks to create entirely different spaces. Roll up to the long bar for after-work drinks, hide away at more intimate tables in the back for a date, or gossip in the cocktail hall on the second floor.

Everything about the Rag Trader is eager to please. A neon sign proclaiming "it started with a kiss" greets patrons. A minibus has been crammed into the upstairs bar with a single coveted table inside. The menu brims with gastro-



Yellowfin Tuna Steak

pub staples like tuna tartare tacos, barbecue ribs and pizzas so delightfully plush, they just might end the thin crust trend.

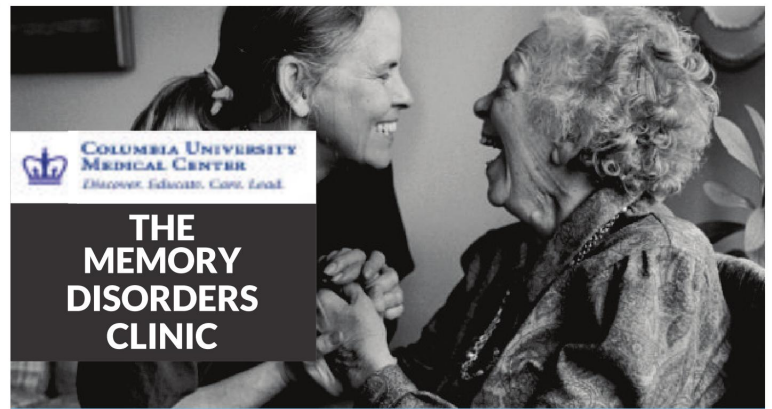
It's all easy and delicious — just like the cocktails. The signature Rag-trader drinks like a city version of the pina coloda,

while Le Nouveau Spritz expertly tempers the bitterness of Campari with bubbles. Craft beers and a wine list are also offered.

For the piano bar — full name Bo Peep Cocktail & Highball Store, named for the manufacturing company that used to be in the building — hang a right at the entrance and head down the stairs.

The intimate club tends to reach capacity well before the night is truly underway, but if you score one of the red pouffes or along the velvet banquettes, you're in for an old-school lounge experience. Expect nostalgic and modern classics on the keys, with cocktails from the '40s and '50s, an era of party-ready drinks like tikis, sours and fizzes.

The Rag Trader is now open for lunch and dinner daily at 70 W. 36th St. For reservations, call 917-261-5495 or visit ragtradermynyc.com.



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How to feng shui your home for 2018

Clear some space and create good vibes for the new year.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Flirting with the idea of arbitrarily fixing your life because it's a new calendar year? Why not start with your living space? Exploring feng Shui, the ancient Chinese philosophy and practice of reconfiguring your environment so it reflects your best self, could be a fun home project for the winter. You're spending most of your time inside anyway; might as well get some good vibes going.

We asked Laura Cerrano, certified feng shui expert and founder of Feng Shui Manhattan, how to get started.

Declutter

Sorry, Marie Kondo did not invent the concept of tossing objects if they



Three ways to feng shui your home for the new year: fill it with plants, clear out bad vibes with white sage, get rid of clutter. ALL PHOTOS ISTOCK

don't positively bring you joy. Cerrano explains that decluttering has been a cornerstone of feng shui since the craze first hit the U.S. in the 1970s. "[Decluttering] is about getting your mind very focused on what matters," she says. "Are the things you have in your home beneficial,

or are they draining your focus?" According to Cerrano, objects can have negative energy that can make you tired and irritable. You don't need that in your life.

Incorporate the five elements

One ordering principle of

feng shui is to symbolically represent a balance of what's known as the five elements — water, wood, fire, metal and earth — in your home. Wood, which represents wealth and personal growth, can be expressed through plants. Cerrano recommends vertical growers like bamboo,

succulents and snake plants. Water, associated with career, can be represented with a fountain. For fire, which stands for reputation and character, light candles or incorporate warm colors. Metal — communication and travel — can be achieved through a metal picture frame of a loved

or trying to move on from a major life event, like a breakup? "Smudging" your home with white sage helps "clear out the physical, mental, emotional and spiritual energy that was left behind," says Cerrano.

Begin at the time of day when the sun is highest in the sky to best capture its healing energy. Then, light a bundle of white sage and walk through your entire home with it, starting at the front door. Open a few windows to dispel bad energy and let in the new. And be sure to do it when you're in a good mood.

"When you do this type of ceremonial act, you're amplifying your aura," she explains. If you can't get in the right mind-set, she recommends hiring a reiki practitioner, shaman or feng shui consultant who doesn't have an emotional attachment to the space or memories to do the smudging for you.

Light white sage to clear bad vibes from the home.

one, or a metal souvenir from a trip. For earth — tranquility — crystals do the trick.

Clear space

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Studesville wraps up Giants interviews

The former Broncos running back coach has some ties to the Giants.

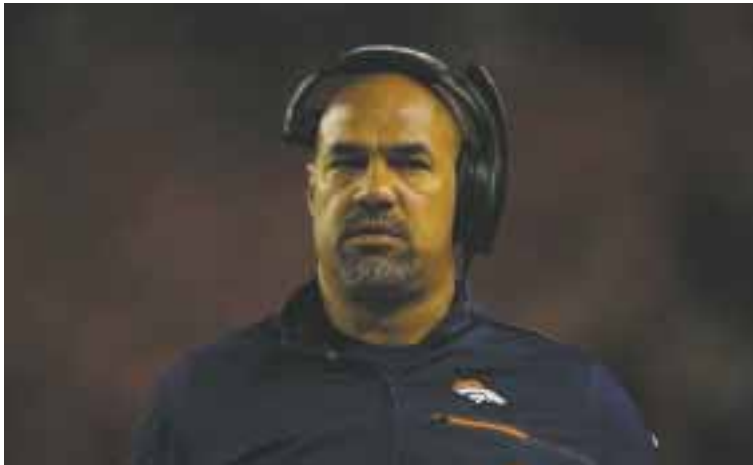


JOE PANTORNO
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The preliminary stage of finding New York Giants' next head coach will come to an end on Wednesday when the team will interview former Denver Broncos running backs coach Eric Studesville, per NFL.com's Ian Rapoport.

Today will be the second consecutive day in which the Giants meet with potential candidates for the job after the team interviewed Carolina Panthers defensive coordinator Steve Wilks on Tuesday.

Studesville had spent the past nine seasons with the Broncos, mostly as their running backs coach. However, he served as interim head coach



Eric Studesville will be the final head coaching candidate interviewed by the Giants today. GETTY IMAGES

for the last four games of the 2010 season after the team fired Josh McDaniels, who is now the offensive coordinator of the New England Patriots and also one of the candidates for the Giants job.

Besides that brief foray into head coaching, that is all the experience Studesville has at the po-

sition. In fact, he has never held a coordinator role during his time as coach from the collegiate to NFL level.

After spending four seasons as an offensive quality control coach with the Chicago Bears from 1997-2000, Studesville joined head coach Jim Fassel and the Giants as a run-

ning backs coach, a post he held for three seasons.

He joined the Buffalo Bills in 2004, remaining at the same position, before joining Denver.

Studesville's reputation has been building throughout his time in the NFL despite never owning a permanent head coaching or coordi-

nator role. Last season, he turned down an opportunity to interview for the New York Jets offensive coordinator job in order to stay with the Broncos.

But after Denver's difficult 5-11 season where he served as assistant head coach as well as running backs coach, Studesville was surprisingly fired.

Studesville was originally slated to interview for the Giants job last Thursday, but the bomb cyclone that hit the Northeast pushed things back. According to ESPN's Jordan Raanan, Studesville will be the last interview conducted by the Giants before making their first round of cuts.

New York has already interviewed interim head coach and defensive coordinator Steve Spagnuolo, Minnesota Vikings offensive coordinator Pat Shurmur, and New England Patriots coordinators Josh McDaniels and Matt Patricia.

Curry wants to buy NFL's Panthers

Golden State Warriors star and two-time NBA MVP Stephen Curry might be looking to make a jump to the NFL.

On Monday, he told reporters that he is looking to buy the Carolina Panthers, his hometown team.

"Obviously I have a day job, but I've got people that are plugged in and are trying to see how to make that happen," Curry said to Brendan Marks of the Charlotte Observer. "Nothing really to say about it besides that I'm very interested and very willing to do what it takes to make that happen."

The Panthers have been put up for sale by owner Jerry Richardson after he was accused of workplace assault and sexual assault from female employees.

With an expected price tag between \$2-\$2.3 billion, Curry could join Sean "Diddy" Combs and recruit more investors to make a serious charge at buying the Panthers. JOE PANTORNO



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Mets, Yankees talking to Frazier

Both New York clubs are holding conversations with the free-agent third baseman.



JOE PANTORNO
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Over the past four seasons with the Cincinnati Reds, Chicago White Sox and New York Yankees, free-agent third baseman Todd Frazier has averaged just under 33 home runs per year, which should make him a desirable target within a market that contains teams that are in serious need of a third baseman.

But a little less than five weeks out before pitchers and catchers start reporting to spring training and Frazier, one of the best power-hitting third basemen in Major League Baseball, remains unsigned.

Frazier saw a dream realized last season when

he was traded from the White Sox to Yankees — his boyhood team — in July, helping the Bronx Bombers reach the ALCS in a year they were expected to rebuild. In a season in which he hit 27 home runs, 11 of them came in 66 games in pinstripes.

The Yankees, though, haven't seemed entirely keen on bringing Frazier back despite trading Chase Headley. Some of that could have to do with their rumored interest in trading for Baltimore Orioles star Manny Machado. But that doesn't mean there has been no contact between the two sides.

"We've had contact with the Yankees. My agent, Brodie [Van Wageningen], has done a great job," Frazier told Kevin Kernan of the New York Post. "I love playing for the Yankees. It was such a fun time for me. We just came up short. We had a really good squad, and they are going to be really



Todd Frazier disclosed that both the Yankees and Mets have been talking about bringing him on in 2018. GETTY IMAGES

good again."

But the Toms River, New Jersey, native is also getting attention from the other local team, the

Mets, as he told Kernan.

"That's another team we've had contact with," Frazier said. "The communications we've had

with them has been great."

He was quick to add that there have been multiple teams, not just the

Mets and Yankees, who have inquired about his services.

The Mets have an obvious need for an upgrade at third base. With David Wright's career derailed by debilitating injuries, Asdrubal Cabrera — a natural shortstop ripped from his position upon the arrival of top prospect Amed Rosario last year — is the team's best option at the position. At second base, Gavin Cecchini, who has done little to impress at the major league level in short stints, is the team's top option alongside Wilmer Flores at second. With Dominic Smith at first, that kind of infield will not be enough to compete in the National League East.

But adding Frazier at third would allow Cabrera to be the team's everyday starter at second, allowing Flores to be a utility man that can be featured in lineups against left-handed pitching.



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Isles' future bright between pipes

With goaltending becoming a liability for the Islanders, Metro takes a look at New York's goalie pipeline.



JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

A 5-4 shootout win over the New Jersey Devils on Sunday did little to ease the tension surrounding the New York Islanders as they entered their mandatory bye week.

While the two points snapped a five-game losing streak, a porous defense and slacking goaltending has made the playoffs seem like a far more difficult destination to reach.

Jaroslav Halak came up with a rare, big-time performance, making 42 stops against the Devils as he continues to cement his place as the Islanders' No. 1 goalie.

Entering the season, New York was expected to platoon Halak and Thomas Greiss at the position, riding whichever goalie was the hottest. The problem is, both have struggled mightily.

Halak is still just 12-12-2 with a 3.24 goals against average and .904 save percentage. Those last two figures would be career worsts for the 32-year-old over a full season should that pace continue.

Greiss hasn't provided much better of an option as he is also on pace for career worsts, sporting a 3.89 goals against average and a .882 save percentage.

It's unlikely the Islanders would make a deal for a goalie, but rather ride out the season with Halak and Greiss while waiting for the kids to arrive.

That's right, the Islanders have a pair of stud goaltenders in their pipeline that could completely turn the position around in the coming years.

LINUS SODERSTROM

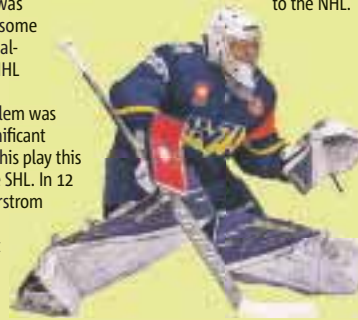
Despite not being with the team, Soderstrom has encountered some Islanders' luck after injuring his shoulder, which required surgery. While it was originally reported that it was a season-ending procedure, the 21-year-old is expected to return to HV71 Jonkoping in Sweden this year.

It remains to be seen what that will do to his estimated time of arrival to the Islanders and NHL. With Halak set to hit free agency after the 2017-18 season, Soderstrom was expected by some to at least challenge for a NHL roster spot.

The problem was he saw a significant downturn in his play this season in the SHL. In 12 games, Soderstrom held a 2.76 goals against average and .893 save percent-

age. Last year those numbers were far more favorable at 1.34 and .943.

He is an imposing figure between the pipes at 6-foot-4, yet plays the position conservatively, never overcommitting while rarely being caught out of position. He must work on using his size to his advantage and play more toward the top of the crease to make his large stature look even bigger, but he should be a viable starting option for the Islanders when he's ready to make the jump to the NHL.



ILYA SOROKIN

It's important to note that Islanders fans might not see him until at least the 2020-21 season after he extended his contract with CSKA Moscow of the KHL in Russia until 2020.

Granted, there could be out clauses within his deal that we don't know about or he could just be waiting for the right time to come over rather than coming over next year and working in the AHL.

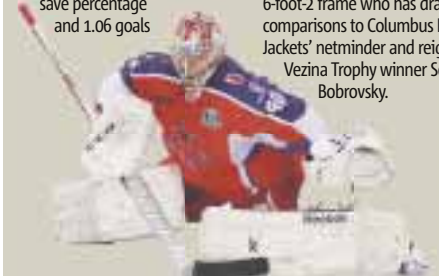
But the 22-year-old has already developed into a stalwart in Russia, winning the 2015-16 KHL goaltender of the year after posting a monstrous .953 save percentage and 1.06 goals

against average.

While his numbers have dipped, only naturally, after such a breakout year, Sorokin is still one of the best goalies in Russia. He recently took home KHL goalie of the week honors after stopping 61 of 62 shots over three games.

Islanders fans will be able to get an in-depth look at him during the 2018 Winter Olympics in Pyeongchang as he will be in the running for the Olympic team's (Russia was banned from the 2018 Games) starting job.

This is an athletic goaltender with an impressive 6-foot-2 frame who has drawn comparisons to Columbus Blue Jackets' netminder and reigning Vezina Trophy winner Sergei Bobrovsky.



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Study Principal Investigator: Joshua Mincer, MD, PhD
Location: Hess Center for Science and Medicine, 1470 Madison Avenue, New York, NY 10029

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SUPREME COURT
COUNTY OF QUEENS,
NYCTL 1998-2 TRUST AND
THE BANK OF NEW YORK
MELLON AS COLLATERAL
AGENT AND CUSTODIAN
FOR THE NYCTL 1998-2
TRUST, Plaintiff, vs. AMY
NELSON A/K/A NELSON
A/K/A EVANGELIST AMY
NELSON, ET AL., Defendants.
Pursuant to a Judgment of
Foreclosure and Sale duly filed on
December 15, 2017, I the
undersigned Referee will sell
at public auction at the Queens
County Courthouse, Courtroom
25, 88-11 Sutphin Boulevard,
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2018 at 10:00 a.m. premises
known as 107-17 Princeton Street,
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plot, piece or parcel of land,
with the buildings and
improvements thereon erected,
situate, lying and being in the
Borough of Queens, County
of Queens, City and State
of New York, Block 10083
and Lot 2. Approximate
amount of judgment is
\$56,013.29 plus interest
and costs. Premises will be
sold subject to provisions of
filed Judgment Index
703640/15.
David Dikman, Esq., Referee
Windels, Marx, Lane &
Mittendorf, LLP
156 West 56th Street
New York, NY 10019
Attorneys for Plaintiff.

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Against FAITH ESIMALI, ET
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Sutphin Boulevard, Jamaica,
NY in Courtroom #25 on
2/9/2018 at 10:00 am, premises
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of the Queens County Treasurer
as Block 10945 and Lot 127.
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\$621,324.77 plus interest and
costs. The Premises will be sold
subject to provisions of the
aforesaid Judgment of
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Index # 14097/12.
Arthur Nicholas Terranova, Esq.,
Referee
SHELDON MAY & ASSOCIATES
Attorneys at Law
255 Merrick Road
Rockville Centre, NY 11570
Dated: 12/20/2017

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Dumpling 516 Hudson NY Inc.

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consumption. Food Village Inc.

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LEGAL NOTICES

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Gem LLC

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Eleven Food & Beverage Inc.

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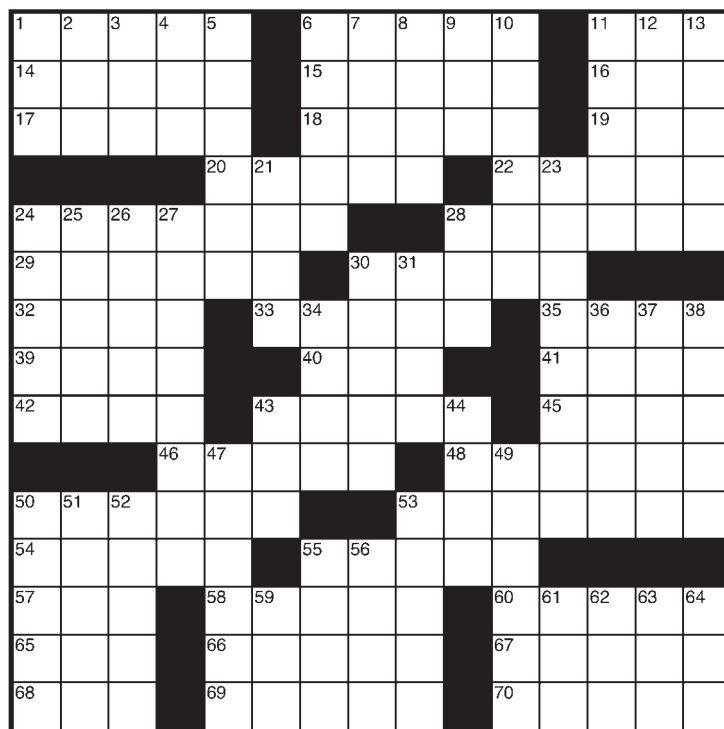
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Down

- 58 Carnivore's delight (hyph.)
60 Shakes hands
65 Ring thing
66 Terre --, Ind.
67 "The King"
68 Fabric meas.
69 Organic compound
70 Trapshooting
1 Sapporo sash
2 Bean hull
3 Fish-to-be
4 Miscellany
5 Gridiron gear
6 Fuzzy fruit
7 Net surfer
8 Hay bundle
9 Vegas lead-in
10 Sorer
11 Chaff
12 Facedown

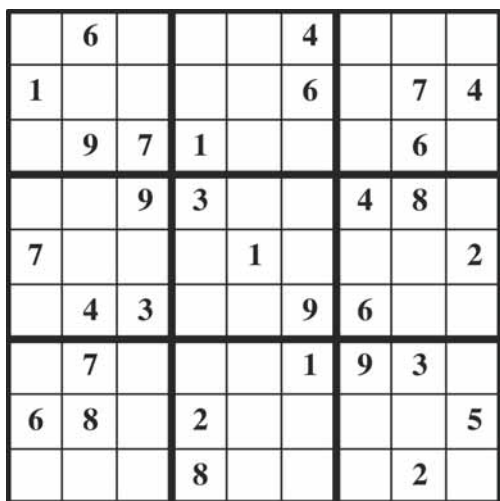
- 13 Drew a bead on
21 Fridge stick
23 Rocket part (2 wds.)
24 "Star Trek" physician
25 Take the podium
26 Pay by mail
27 Most impudent
28 Drop -- line
30 Bike part
31 Where Tabriz is
34 Turn white
36 First name in glue
37 Baggy
38 Laundry problems
43 Codgers' queries
44 Part of LAPD
47 Grow canines
49 Jingles
50 Mournful poem
51 Went hotfoot
52 Element's units
53 Herd member
55 Prize fight
56 Penny --
59 -- relief
61 Wapiti
62 Festive night
63 Extra inning cause
64 Mach 1 exceeeder of yore

metro.us/crossword

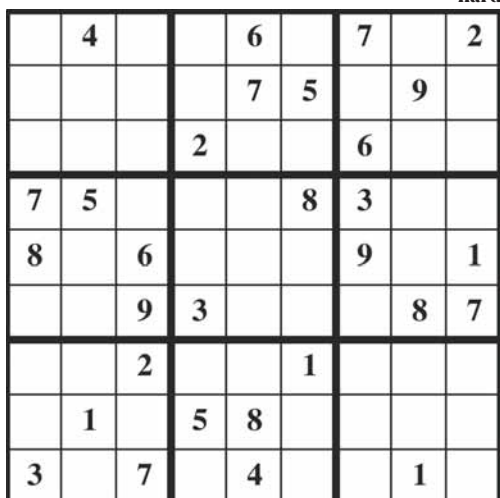


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Use your intelligence to navigate your way through any difficulties you face. Try not to let your opinions or emotions interfere with what you need to accomplish.



Taurus Partnerships should be your priority. Whether you are starting something new or revitalizing an established union, it's important to collaborate with an open mind.



Gemini You can rely on your intelligence to help you ward off bureaucratic problems that arise. Stick to the truth and offer unique solutions. Don't promise what you cannot deliver.



Cancer Take part in networking events while listening and sharing your thoughts. A conversation will lead to a potential partnership that will encourage you to use your skills.



Leo You'll be faced with unusual requests that could involve your finances, health or pending legal matters. Tread carefully when asked for information.



Virgo Make plans to do things with the people you love or those who inspire you. A personal change will lead to compliments and something to look forward to.



Libra Consider how you can improve the way you do your job. Taking a unique approach to whatever project you take on will separate you from the competition.



Scorpio Use charm and discuss your feelings to initiate a personal plan involving someone special. Bring about unusual changes to the way you do things.



Sagittarius An interesting concept may not be easy to produce. If you want to bring about change, go about it intelligently. Be a spokesperson for those without a voice.



Capricorn Be part of the solution, not the problem. Have your agenda set and be ready to take on whatever comes your way. You can make a difference.



Aquarius You are best off backing away from temptation and anyone trying to coerce you into something that isn't a good fit. Avoid dealing with institutions.



Pisces Get involved and network with people who can offer sage advice about money or legal matters. A gain is apparent if you take care of unfinished business. **EUGENIA LAST**

Yesterday's answers									
KATO	APHID	GAOL							
ANON	NOIRE	ALDA							
NYSE	GIVER	LOOT							
EASIER	ENABLERS								
DCII	EIRE								
PALACES	LARDER								
OLE	ESSES	SYRIA							
KIM	TULIP	ADD							
EVOKE	EMMAS	CEO							
DENIAL	BIGHORN								
PRAM	ASTA								
CHOPE	SUEY	ASIDES							
HOP	GLEAN	LURE							
EMIR	HELLO	EDNA							
FEES	SELLS	DEET							

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